



Pigeon Hill Preserve, Steuben

Middle River Park, Machias

Reversing Falls Preserve, Pembroke

Orange River Conservation Area, Whiting

## Downeast Coastal Conservancy

The Downeast Coastal Conservancy (DCC) maintains and conserves fifteen public access preserves and works cooperatively with landowners to conserve other land in coastal Washington County from Steuben to Lubec and up to Calais and Route 9.

These preserves are part of the last frontier on the Northeast coast of peaceful, untrammelled beauty; they include forests, woodlands, wetlands, islands, salt marshes, clam-flats, fishing villages and working waterfronts.

DCC is a conservation organization whose mission is to conserve essential ecological habitats, engage the local community, and foster an environment where wildlife and people thrive in coastal Washington County, Maine.

Formed in 2009 through the merger of Great Auk Land Trust and Quoddy Regional Land Trust, DCC brought together two successful land trusts, each with over twenty years of conservation, into a single, stronger organization.

The DCC is responsible for the stewardship and preservation of 7,000 acres and more than 72 miles of shoreline in Downeast Maine.

### During Your Visit

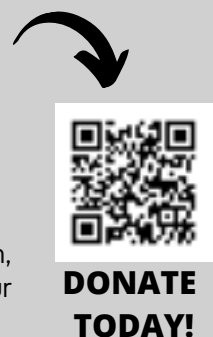
- Please practice “carry-in/carry-out” and “Leave No Trace™” ethics.
- Please stay on the trail to avoid damaging the surrounding vegetation.
- Keep dogs on a leash or under voice control at all times.
- ATVs and snowmobiles are not permitted.
- Do not feed or disturb wildlife.
- Please respect neighboring private property and roads.
- For your safety, wear orange during hunting season.
- Camping permitted in designated campsites only. Sites are available first-come-first-serve basis.
- Knidle fires in designated fire pits only.



### Get Involved

Support from members and volunteers make our work possible.

Join today, with a donation to support the lands and waters we all love!



Volunteer! You can help maintain trails, support recreational events, lead guided walks, volunteer with youth, and more. Help make a difference in our community!

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Machias, Maine 04654

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info@downeastcoastalconservancy.org



# TRAIL MAP & GUIDE



### PIGEON HILL

**Trail Activity:** [Icons: Hiking, Dog, Wheelchair, Mountain Bike]

**Difficulty & Length:** Moderate, 2.4 miles of trail network

**Description:** Pigeon Hill is the highest coastal property in Washington County with a summit elevation of 317 ft. The 1.9 mile trail system on the mountain features a figure-eight loop that allows hikers to reach the summit and return to the parking area without retracing their steps. Hikers can hike up the Historic Trail to the summit and return via the Summit Loop and Silver Mine Trails for the easiest hiking, best vistas, and evidence of Pigeon Hills human history. The Summit Loop and Silver Mine Trails provide the least steep route to and from the summit. Explore the Ledge Woods Trail for a more challenging and longer hike. It offers more views to the south and open woods with large maple trees along the edge of the western woods. Across the street from the parking lot, the Pigeon Hill Shore Trail begins next to the cemetery. This loop trail traverses through upland forests and provides access directly to the shore.

**Trailhead Directions:** Coming west from Millbridge or east from Steuben on Route 1, turn south on Pigeon Hill Road Drive 4.5 miles to the trailhead parking area opposite an old cemetery.



### INGERSOLL POINT

**Trail Activity:** [Icons: Hiking, Mountain Bike, Dog, Wheelchair]

**Difficulty & Length:** Moderate, 3.4 miles of trail network

**Description:** The Ingersoll Point Preserve consists of 145 forested acres with over one mile of rocky shoreline on Carrying Place Cove and Wohoa Bay in South Addison.

Adler Woods Trail, 1.3 miles, starts from the back of the South Addison Community of Christ Church parking lot by the Ingersoll Point Preserve sign. After a short walk through alder bushes, hikers find themselves engulfed by the lush green of a forest carpeted with moss, lichen, sedges and other plant species. The trail passes the cellar hole of the Ingersoll homestead before opening up to the beach at Ingersoll Point. Wohoa Bay Trail, 0.8 mile, runs parallel to the Adler Woods Trail and opens onto the beach at Wohoa Bay. The trail continues along the beach, where it connects with the Adler Woods Trail and Carrying Place Cove Trail. Carrying Place Cove Trail, 1.0 mile, leaves from the Adler Woods Trail at Polypody Rock, so named for its beautiful fern grove. The trail arrive at the shore at Carrying Place and follows the shoreline to the beach, the Adler Woods Trail, and the Wohoa Bay Trail. The forestland along the Cove is quite different from the interior trails. Moss Trail, 0.3 mile, is a short but beautiful connector trail between Wohoa Bay Trail and Adler Woods Trail. The Moss Trail is a great area to enjoy the woods, lush mosses and lichen landscapes.

**Trailhead Directions:** From Route 1, turn south onto Route 187/Indian River Road at Wild Blueberry Land. In 2 miles, turn right on Wescogus Road. Continue 1.4 miles; then turn left on East Side Road. Follow East Side Road 6 miles and turn right onto Mooseneck Road. Continue on Mooseneck Road 1.5 miles to the South Addison Community of Christ Church on the left. Park at the back of the Church. The trailhead begins at the southeast corner of the parking lot.



Pike Lands Preserve, Lubec



### TIBBETT ISLAND

**Trail Activity:** [Icons: Mountain Bike, Hiking, Dog, Wheelchair]

**Difficulty & Length:** Moderate, 0.2 miles of trail network

**Description:** Tibbett is a 23-acre island about 600 feet offshore from Mooseneck at the southern tip of Addison. The island has nearly a mile of beach and rocky coastline to explore. A public beach owned by the Town of Addison provides easy access to the island. The distance across the narrow channel is short; kayaks, skiffs, and canoes can make a quick passage and can launch and land at nearly any level of tide.

**Trailhead Directions:** From points east on Route 1, turn south onto Route 187/Indian River Road at Wild Blueberry Land. In 2 miles, turn right on Wescogus Road. Continue 1.5 miles and turn left on East Side Road. Follow East Side Road about 6 miles and turn right onto Mooseneck Road. Continue on Mooseneck Road for 2.3 miles and turn left onto Narrows Road and park at the end of the road. From points west, take Route 1 to Columbia and turn right onto Addison Road. Continue onto Water Street through the town over the Addison Bridge. Follow the East Side Road for 6 miles and turn right onto Mooseneck Road. Continue on Mooseneck Road for 2.3 miles and turn left onto Narrows Road and park at the end of the road.



### TIDE MILL CREEK

**Trail Activity:** [Icons: Hiking, Mountain Bike, Dog, Wheelchair]

**Difficulty & Length:** Moderate, 3.0 miles of trail network

**Description:** The property includes more than two miles of gentle trails open to hiking, snowshoeing and cross-country skiing. The Bear Creek Trail, 2.5 mile, follows the eastern portion of the property, offering direct views of Tide Mill Creek and its saltmarshes. The Honey Pot Trail, 0.5 mile, can be wet and muddy. We recommend that hikers avoid this section after rains. The Honey Pot Trail is most suitable for winter use.

**Trailhead Directions:** In Jonesboro on Route 1 across from Station Rd, turn east onto Old Route 1. Go about 0.3 mile and turn east onto the Roque Bluffs Road (also called Great Cove Road). Continue about 1.5 miles to the Tide Mill Creek Conservation Land sign on your right.

### MIDDLE RIVER PARK

**Trail Activity:** [Icons: Hiking, Mountain Bike, Wheelchair, Dog, Mountain Bike]

**Difficulty & Length:** Easy, 2.8 miles of trail network

**Description:** Middle River Park was set aside as a Community Preserve to create recreation opportunities in the Machias area. Like the Machias River Preserve, Middle River Park is also steeped in history, including a role in the Battle of the Margareta, salt marsh diking, farming and livestock husbandry. The Red Trail, 0.3-mile, reaches out to the heart of the salt marshes on the river. The Blue Trail, a 0.6-mile loop, explores the woodlands and old pastures. Picnic benches in the open field offer a great lunch location while watching wildlife on the river.

**Trailhead Directions:** From Route 1 in Machias, turn onto Kilton Lane. Cross over the Sunrise Trail and immediately turn left. Take the second right and park in the lot at the top of the hill. The trails begin atop the field.

Mowry Beach Preserve, Lubec



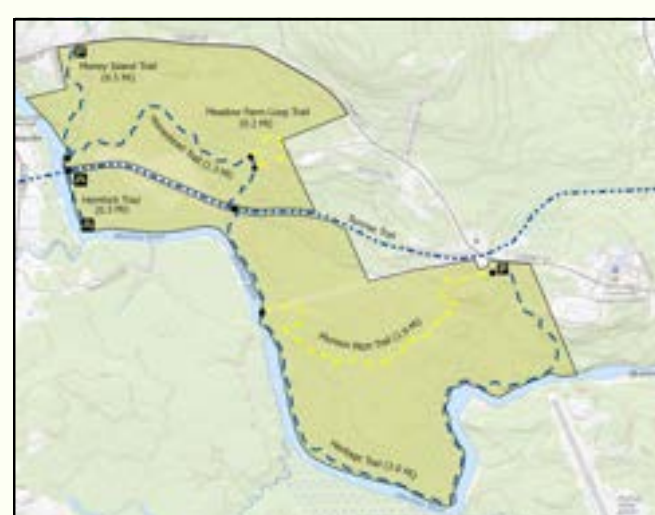
### SHEEP ISLAND

**Trail Activity:** [Icons: Mountain Bike, Hiking, Wheelchair, Dog]

**Difficulty & Length:** Moderate

**Description:** Sheep Island is a 6-acre island located 1/4 mile from the mainland and is accessible for boaters of all types. Marked by clusters of trees at each end, this island includes a beautiful narrow sand beach and thins to a meadow at its center. A DCC sign on the north side welcomes visitors ashore. The beach on the island's north shore provides an excellent place to land and enjoy the stunning scenery of Pleasant Bay. Camping is allowed on Sheep Island in the established campsite just upland from the north beach. The campsite contains an approved fire ring and a privy.

**Trailhead Directions:** The closest boat-launching site is at the town landing in South Addison. From Route 1, turn south onto Route 187/Indian River Road at Wild Blueberry Land. In 2 miles, turn right on Wescogus Road. Continue 1.5 miles and turn left on East Side Road. Follow East Side Road about 6 miles and turn right onto Mooseneck Road. Continue on Mooseneck Road 1.5 miles, then stay straight on Narrows Road. In 0.7 mile, turn right on Marsh Island Road in 0.5 mile, stay right on Marsh Island Road to the town landing.



### MACHIAS RIVER PRESERVE

**Trail Activity:** [Icons: Hiking, Mountain Bike, Dog, Wheelchair, Picnic Area]

**Difficulty & Length:** Moderate, 7.2 miles of trail network

**Description:** Visitors can explore 7.2 miles of trails that link hiking trails with segments of the multi-use Downeast Sunrise Trail. The Heritage Trail and Hemlock Trail offer an extended walk along the Machias River, one of Maine's greatest remaining wild rivers, with new views unfolding throughout the hike. The Homestead Trail winds its way through natural forest, Norway Spruce and Red Pine plantations, and the site of an old family farm, now overtaken by nature. The Money Island Trail provides a glimpse of a regenerating forest, a babbling trout stream, and a wonderful view of Money Island in the middle of the Machias River.

**Trailhead Directions:** Vehicle parking is available at two locations. The first is on Route 1A in Machias, 0.5 mile southwest of the Downeast Community Hospital. The second is on Route 1A in Whitneyville, about 0.3 mile north of the bridge over the Machias River. Along the Sunrise Trail, ATVs and snowmobiles will find small parking areas where the Homestead Trail and Hemlock Trail intersect with the Sunrise Trail, as well as a large parking area across the trestle bridge in Whitneyville.



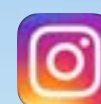
## DOWNEAST COASTAL CONSERVANCY

Visit DCC online!

downeastcoastalconservancy.org



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Klondike Mountain Preserve, Lubec



Sheep Island, Addison



Estey Mountain, Whiting



Vining Lake Community Preserve, Cooper



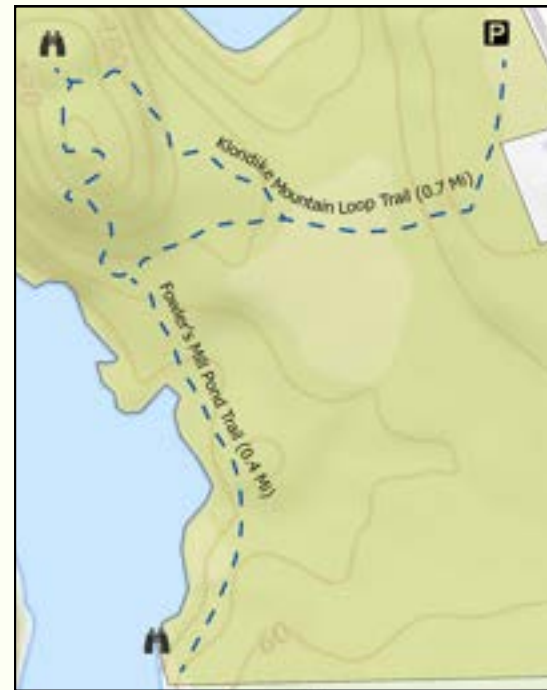
## 📍 MOWRY BEACH

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Easy, 0.8 mile of trail network

**Description:**  
Mowry Beach is designated as an important birding area, the beach supports nesting, migrating and wintering birds. From the sign and kiosk at the parking area at the end of Pleasant Street, a short stretch of gravel path leads to a 1,700-foot long boardwalk. The raised trail passes through typical coastal scrub-shrub woodland and skirts sphagnum bog and cattail swamp. The final section of the trail is graveled and emerges at the south end of the Lubec Consolidated School near South Street. Return the way you came or, for a longer walk, return by road. The trail can also be accessed from the parking area at the south end of the Lubec Consolidated School for a walk to the beach and back. The raised trail is smooth and almost level and is designed for wheelchair access.

**Trailhead Directions:**  
Take Route 1 to Route 189 to Lubec. Bear right on Washington Street and then take the third right onto Pleasant Street. Follow Pleasant Street to the parking area for the trail and beach. The property can also be reached by turning right off Route 189 at South Street immediately after the cemetery. South Street leads to the Lubec Consolidated School. Park at the south end of the school building; find the trailhead at the edge of the lawn at the sign.



## 📍 KLONDIKE MOUNTAIN

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Moderate, 1.1 mile of trail network

**Description:**  
Klondike Mountain with its stunning views of the Cobscook Bay coastline is a must for Lubec visitors and residents alike. The trail, marked with blue blazes, cuts through an old cattle pasture with fruit-bearing apple trees. Two trails begin at the far tree-line beyond the meadow, 0.25 mile from the parking area. The Fowler's Mill Pond trail, less than 0.5 mile, travels along the shoreline. The Klondike Mountain Trail leads to not one but two summits where magnificent views are achieved. This loop trail is 0.7 mile round trip.

**Trailhead Directions:**  
Take Route 1 to Route 189 to Lubec. After 9 miles, turn left on the North Lubec Road at McFadden's Variety. Go 1 mile to the Klondike Mountain Preserve sign and parking area on the left.



## 📍 PIKE LANDS

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Easy, 1.9 miles of trail network

**Description:**  
The four trails at Pike Lands each offer unique landscapes. On the south side property, Huckins Beach, and the East and West Loop Trails all begin in old farmlands and apple orchards and then cross into spruce and cedar forests. Each trail is about 1 mile in length. The Huckins Trail leads to a beautiful shingle beach. Choose either the East or West Loops for a different return experience. On the north side of North Lubec Road, DCC has a 30 acre easement property, owned by Cobscook Shores. The Cove Trail includes Radcliffe Pike's historic arborum with its unusual trees and shrubs and one of Maine's most diverse apple orchards. The short trail continues to the tidal cove, a great location for birdwatching, at the beach or near the salt marshes beyond.

**Trailhead Directions:**  
Take Route 1 to Route 189 to Lubec. After 9 miles, turn left on the North Lubec Road at McFadden's Variety. Go approximately 5 miles and the DCC parking lot will be on your left.



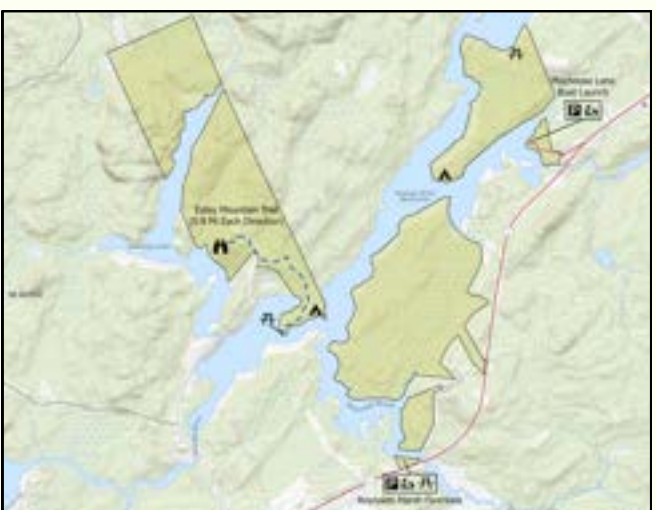
## 📍 DENBOW POINT

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Easy, 1 mile of trail network

**Description:**  
Denbow Point is a strikingly beautiful, narrow peninsula extending into Cobscook Bay. The property includes an approximately 1 mile loop trail, managed in partnership with Cobscook Shores, which meanders through its maritime boreal forests. Denbow Point was previously used as a lead mine throughout history, and the remains of lead pits and mine shafts can be observed from the trail. Please use caution when approaching the shoreline at these points, as the lead pits are extremely dangerous to traverse near. No swimming is advised at this property due to the danger of the lead pits, however there are a vast amount of other recreational opportunities to engage in!

**Trailhead Directions:**  
Go 5 miles west on ME-189, from it's intersection with Washington Street in Lubec, to it's intersection with Crows Neck Road on the right. Or, go 5.6 miles east on ME-189 from it's intersection with US-1 in Whiting, to Crows Neck Road on the left. Head north on Crows Neck Road for 0.4 miles and turn right on Lead Mine Road, then after just 0.2 miles turn left on Straight Bay Road. Continue 4.8 miles north to the parking lot at the trailhead (0.1 miles past the entrance for Denbow Bluffs).



## 📍 ORANGE RIVER CONSERVATION AREA

**Trail Activity:** 🚶 🐾 🚣 🏠

**Difficulty & Length:**  
Moderate, 5.9 miles of trail network

**Description:**  
The Orange River Conservation Area provides boating access from either Reynolds Marsh Overlook or Orange River Landing. The two access sites are close enough to offer an easy one-way or round-trip paddle between them. The Orange River offers miles of flat-water to explore. Paddlers may use DCC's shoreline at designated day-use areas to enjoy picnicking, wildlife watching, and relaxing. The Orange River is dammed to provide optimal habitat for birds. Paddlers should expect higher water in the spring and early summer and lower water levels in late summer and fall. A paddle-accessed hiking trail leading to the summit of Estey Mountain offers stunning views of Roaring Lake and the surrounding wild landscape. The Estey Mountain trail, 0.75 mile, is relatively easy with a short steep pitch at the end.

**Trailhead Directions:**  
Reynolds Marsh Overlook parking area is located on the north side of Route 1 in Whiting, 3 miles south of the Route 189 turnoff. A short trail starts on the left side of the parking area; Reynolds Marsh Overlook provides hand-carry launch only. The Orange River Landing is located 0.8 mile south of the Route 189 turnoff to Lubec. Turn right onto Playhouse Lane, then onto Landing Road. Follow the road to a 2-car parking area and launch, suitable for small trailered boats as well as hand-carry boats. The parking area is very small; space for turning and parking is limited.



## 📍 REVERSING FALLS

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Easy, 0.4 mile of trail network

**Description:**  
The Town of Pembroke owns and maintains 32 acres including the parking area and fields at Mahar Point. DCC's hiking path starts from the eastern parking lot and continues along the wooded shore to a rocky viewpoint. Hikers can return to the parking lot via the same path or on an old woods road. Traditionally called Cobscook Falls, the reversing falls are an unusual phenomenon of boiling tidedwaters on the Maine coast. The channel between the Preserve and Falls Island provides a different experience at each stage of the tidal cycle. As the tide dramatically rises or falls (up to 24 feet every 6.2 hours), the channel transforms from peaceful, still water to a raging torrent and back again. Visitors are likely to see ospreys and eagles fishing and seals playing in the rushing waters.

**Trailhead Directions:**  
Take Route 1 to West Pembroke. Turn east onto the extension of Route 214 next to the Irving gas station. From the Route 214 extension, turn right at the stop sign and then an immediate left up a small hill onto the Leighton Point Road (also called Leighton Neck Road). Continue 3.3 miles; then turn right onto Clarkside Road for 1.2 miles. At the end of Clarkside Road, turn left onto Youngs Cove road. Go 1.5 miles to the Town of Pembroke land and parking areas.



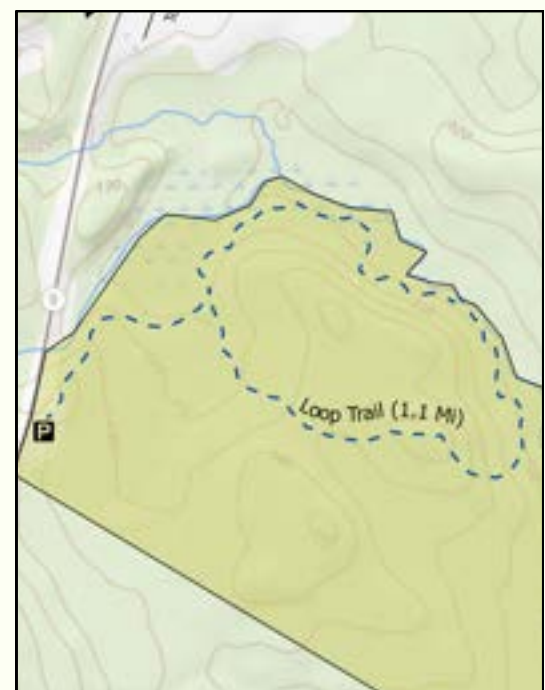
## 📍 VINING LAKE COMMUNITY PRESERVE

**Trail Activity:** 🚶 🐾 🚣 🏠

**Difficulty & Length:**  
Easy to Moderate, 2.1 miles of trail network

**Description:**  
The Vining Lake Community Preserve consists of 406 acres of rich habitat surrounding the 26-acre undeveloped Vining Lake. This diverse and ecologically important property is home to many of Maine's freshwater fish, birds, mammals, reptiles and amphibians. Two miles of easy to moderate trails expose the visitor to granite outcroppings, wetlands, and woodland, as well as picnicking, fishing and swimming sites. The Maine Department of Inland Fisheries and Wildlife stocks the lake annually. Hand-carry boat access is available for canoe and kayak launching 100 feet from the parking lot. Moose can be seen frequently browsing in the wetlands or cooling off in the lake mid-summer. An important area to the surrounding community, Vining Lake will forever remain as it is: undeveloped and available for everyone to enjoy!

**Trailhead Directions:**  
Turn west onto the Vining Lake Road off of Route 191 (16.3 miles from the intersection of Route 191 and Route 1 in East Machias, or 17.8 miles from the intersection of Route 191 and Route 1 in Baring). Continue 0.4 mile; stay left at the Y in the road to the parking lot.



## 📍 BEAVER DAM STREAM

**Trail Activity:** 🚶 🐾

**Difficulty & Length:**  
Easy, 1.1 mile of trail network

**Description:**  
The Beaver Dam Stream Preserve is a 105-acre preserve bordering on 5,000' of Beaver Dam Stream. A tributary to the East Machias River, Beaver Dam Stream is home to many native fish species including the endangered Atlantic salmon. Beaver Dam Stream has seen many habitat restoration projects within the watershed. On the mile-long trail at Beaver Dam Stream, signage at a couple of stops describes DCC's important restoration work that has significantly improved the habitat for resident and migratory fish alike. The trail follows the river and loops into the woods along an old woods road. Be sure to bring the bug spray; a healthy stream means lots of bugs!

**Trailhead Directions:**  
Traveling east on Route 9, the preserve is on the right, roughly 2.6 miles from the intersection of Route 192 and Route 9. Traveling west on Route 9, the preserve is on the left, roughly 1.5 miles from the Crawford Rest Stop on the East Machias River.

## Our Region

The focus region of the Downeast Coastal Conservancy runs roughly from Route 9 (the Airliner) to the coastline and productive bays of Washington County, Maine and the Gulf of Maine.

We refer to this area as the Downeast Coastal Region. It includes the watersheds of the major Downeast rivers, some of the richest estuaries on America's eastern seaboard, and numerous wild islands in the northern section of the Gulf of Maine.

The region's vast forests, abundant lakes and rivers, rugged headlands, and traditional saltwater farms offer exceptional wildlife habitat, unmatched scenic beauty and diverse opportunities for public access and recreation. The Downeast Coastal Region includes the same geographic areas and communities historically served by Great Auk Land Trust and Quoddy Regional Land Trust.



Orange River Conservation Area, Whiting

